

## Training Module Suggested Implementation

There are many ways in which the resources in the **Nutrition Education & Counseling Skills—Training Module** can be implemented. The following are a few suggested ideas.

### Homework Prior to Lesson:

- Listen to the learning module **Simplistic Nutrition Recommendations: Unintended Consequences**
  - o <http://www.dairycouncilofca.org/HealthProfessionals/UCcourse/index.htm>
  - o Toward the end of the online module there is a three question quiz. This assignment takes 45 minutes to complete.

### Day of the lesson:

- Listen as a class to the Nutrition Education and Counseling Module
  - o <http://www.dairycouncilofca.org/HealthProfessionals/ApplicationToolkit/index.htm> (40 minutes)
- Students complete the **Case Evaluation of an Interview** form for each case study— Jessica and Ms. Marco. Prior to listening to the role play, review the forms with the class so they are familiar with the layout and the information they should be listening for. They can do this individually or in small groups.
- If using small groups, divide the class into four groups. Assign groups as follows:
  - Group 1 – Jessica version 1
  - Group 2 – Jessica version 2
  - Group 3 – Ms. Marco version 1
  - Group 4 – Ms. Marco version 2
- Give the groups time to discuss their answers to all of the questions on the **Case Evaluation of an Interview** form. Each group selects a recorder and a reporter prior to the discussion. Each group reporter shares with the entire class their assessments from page 2 of the interview evaluation form.

### Homework following the lesson:

- Each student is responsible for completing the chart note activity for Jessica and Ms Marco. Depending on the prerequisites for the class, it may be necessary to review the chart note in class to provide students adequate knowledge to complete this assignment.

The following additional resources are also available:

Discussion Questions: <http://www.dairycouncilofca.org/PDFs/GroupDiscussionQuestions.pdf>

Extension activities (includes both in-class and homework)

[http://www.dairycouncilofca.org/PDFs/AppToolkitFacGuide\\_7.pdf](http://www.dairycouncilofca.org/PDFs/AppToolkitFacGuide_7.pdf)

## Nutrition Education & Counseling Skills

Below is a checklist of activities:

**All of these learning activities are outlined in the Facilitator Guide**

<http://www.dairycouncilofca.org/PDFs/AppToolkitFacGuide.pdf>

- Narrated PowerPoint: Nutrition Education & Counseling Skills—Training Module**  
<http://www.dairycouncilofca.org/HealthProfessionals/ApplicationToolkit/index.htm>
- Narrated PowerPoint: Simplistic Nutrition Recommendations: Unintended Consequences**  
<http://www.dairycouncilofca.org/HealthProfessionals/UCcourse/index.htm>
- Case Study Evaluation of an Interview (Use with Counseling Skills narrated PowerPoint)  
<http://www.dairycouncilofca.org/PDFs/Case-study-evaluation-interview.pdf>
- Chart Note Activities (Jessica and Ms. Marco)  
[http://www.dairycouncilofca.org/PDFs/AppToolkitFacGuide\\_3.pdf](http://www.dairycouncilofca.org/PDFs/AppToolkitFacGuide_3.pdf)  
[http://www.dairycouncilofca.org/PDFs/AppToolkitFacGuide\\_9.pdf](http://www.dairycouncilofca.org/PDFs/AppToolkitFacGuide_9.pdf)
- Additional Group Discussion Questions  
<http://www.dairycouncilofca.org/PDFs/GroupDiscussionQuestions.pdf>
- Extension Activities  
[http://www.dairycouncilofca.org/PDFs/AppToolkitFacGuide\\_7.pdf](http://www.dairycouncilofca.org/PDFs/AppToolkitFacGuide_7.pdf)
- Online Post test (multiple choice exam with personalized certification of completion for students with a passing score). <http://www.surveymoz.com/s3/383292/Nutrition-Education-Counseling-Toolkit-Test>
- Post test (10 short answer questions)  
<http://www.dairycouncilofca.org/PDFs/ShortAnswerQuestions.pdf>